

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2021

DEANWOOD ACTIVITES “MAIN” CALENDAR

<p>8:30 Smoking Patio- Games-Outside</p> <p>9:00 <b>Daily Chronicle &amp; Rm Visits</b> <b>5</b></p> <p>9:30 Outside Air-Patio</p> <p>10:00 <b>Sunday Church - Hillsong TV</b></p> <p>10:00 <b>Adult Art on 5South, 4South</b></p> <p>10:30 <b>1 to 1 Rm Visits –Yolanda -4S</b></p> <p>2:30 <b>Cookies and Movies-2MPR</b></p> <p>3:00 <b>Popsicles on the patio</b></p> <p>4:00 <b>Holiday Music Listen- 5S</b></p> <p>4:15 <b>Room Rounds -All Units</b></p> <p>4:45 <b>WASHINGTON @ Raiders</b></p> <p>5:30 <b>Evening News – Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>6</b></p> <p>10:00 Range of Motion-All Rms.</p> <p>10:30 <b>Nail Painting-3S &amp; 4S</b></p> <p>10:30 <b>CHRISTMAS Trivia-All</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Unit Rolling Snacks-4N</b></p> <p>2:30 <b>CROSSWORD PUZZEL-RM.</b></p> <p>3:30 <b>Hydration Cart &amp; Rm Visits</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>8:15 <b>NFL- Monday Night Football</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>7</b></p> <p>10:00 <b>Holiday Music 2N,3S,4N,5N</b></p> <p>10:00 <b>Yoga Moves in Room-All</b></p> <p>10:30 <b>Family Visitation -All Units</b></p> <p>10:30 <b>Bible Trivia Questions-U</b></p> <p>10:30 <b>BINGO \$\$\$- 5N w/Tonya</b></p> <p>2:30 <b>News Brief Distribution-Rooms</b></p> <p>2:30 <b>Live with DJ Casper -4S</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>8</b></p> <p>9:30 <b>Unit Holiday Music- All Floors</b></p> <p>10:00 <b>Yoga Movements- All Rms.</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Family Phone Calls-All Unit</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Spiritual Uplift Hour-Betty 2S</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>5:30 <b>Family Visitation-All Unit</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>9</b></p> <p>9:30 <b>Holiday Music -All Floors</b></p> <p>10:00 <b>Yoga Movements- All Rms.</b></p> <p>10:30 <b>Did You Know Trivia-All</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Ice Cream –2S, 3N, 4N, 5N</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>8:20 <b>NFL-Thursday Night Football-TV Lounge and Rooms.</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>10</b></p> <p>10:00 <b>Did you know Tivia - All Rms.</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Family Phone Calls-All Unit</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Holiday Music w Bill Crews and Refreshments -1 MDR</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>11</b></p> <p>10:00 <b>Rm Exercise- All Rms.</b></p> <p>10:30 <b>Family Visitation-All</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Popcorn &amp; Movie Hour-3N</b></p> <p>11:00 <b>Family Vistations-2MPR</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Family Phone Calls- All Units</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>6:30 <b>Movie Hour-In Room /All</b></p>
<p>9:00 Daily Chronicle &amp; Rm Visits <b>12</b></p> <p>11:00 <b>Sunday Church Service On WHUR Radio</b></p> <p>10:00 <b>Adult Art on 5South</b></p> <p>10:30 <b>1 to 1 Rm Visits –Yolanda -5S</b></p> <p>1:00 <b>Cowboys @ Washington-TV</b></p> <p>FOX TV-ROOM &amp; UNITS</p> <p>2:00 <b>Outside Air- Patio</b></p> <p>2:30 <b>Ice-Cream Cup social-All Units</b></p> <p>3:00 <b>Popsicles on the patio</b></p> <p>4:00 <b>Holiday Music Listen- 2MPR</b></p> <p>4:15 <b>Room Rounds -All Units</b></p> <p>5:30 <b>Evening News – Room TV</b></p>	<p>9:10 Daily Chronicle &amp; Rm Visits <b>13</b></p> <p>10:00 Range of Motions-All Rms.</p> <p>10:30 <b>Nail Design-4S &amp; 5N</b></p> <p>10:30 <b>Rm. Sentimental Video-5S</b></p> <p>10:30 <b>Rm. Sentimental Video-3N</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>CHRISTMAS MUSIC-ROOM &amp; UNIT -2n, 3s, 4n, 5s</b></p> <p>3:30 <b>Hydration Cart &amp; Rm Visits</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>8:15 <b>NFL- Monday Night Football</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>14</b></p> <p>10:00 <b>Holiday Music- 2N,3S,4N,5N</b></p> <p>10:00 <b>Wheelchair Exercise-3N.5S</b></p> <p>10:00 <b>Family Visitations -All Floors</b></p> <p>2:30 <b>Soft Cookies – 2N and 2South</b></p> <p>2:30 <b>BINGO \$\$\$\$ -2S w/ Betty</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>5:30 <b>Family Visitations -All Units</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>15</b></p> <p>10:00 <b>Exercise-All Rms.</b></p> <p>10:30 <b>Holiday Card</b></p> <p>10:30 <b>Nail Painting-4S &amp; 5N</b></p> <p>10:30 <b>Rm. Sentimental Video-3N</b></p> <p>2:30 <b>Spiritual Uplift Hour-Betty 2S</b></p> <p>2:30 <b>Room Spelling Bee-4N &amp; 4S</b></p> <p>3:30 <b>Hydration Cart &amp; Rm Visits</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>5:30 <b>Family Visitation -All Unit</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>16</b></p> <p>9:30 <b>Holiday Music -All Floors</b></p> <p>10:00 <b>Family Room Calls - All Units</b></p> <p>10:30 <b>Christmas Crafts w Nicola3S</b></p> <p>10:30 <b>Word Find- Independent</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Cross Words Puzzle/ All Units</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>8:20 <b>NFL-Thursday Night Football</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>17</b></p> <p>10:00 <b>Did you know Tivia - All Rms.</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Family Phone Calls-All Unit</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Holiday Music w Bill Crews and Refreshments -1 MDR</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>18</b></p> <p>10:00 <b>Rm Exercise- All Rms.</b></p> <p>10:30 <b>Family Visitation-All</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Popcorn &amp; Movie Hour-5S</b></p> <p>11:00 <b>Family Vistations-2MPR</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Family Phone Calls- All Units</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>6:30 <b>Movie Hour-In Room /All</b></p>
<p>9:00 Daily Chronicle &amp; Rm Visits <b>19</b></p> <p>9:30 <b>Outside Air-Patio</b></p> <p>10:00 <b>Sunday Church / Hillsong TV</b></p> <p>10:00 <b>Magazine Distribution-Rooms</b></p> <p>10:00 <b>Adult Art on 5South</b></p> <p>10:30 <b>1 to 1 Rm Visits –Yolanda -5S</b></p> <p>1:00 <b>Washington @ Eagles-TV</b></p> <p>2:30 <b>Popcorn Social – to Units</b></p> <p>2:30 <b>Quite Time Reading-All Units</b></p> <p>2:30 <b>TV TIME – On your own</b></p> <p>3:00 <b>Magazine Distribution -All Units</b></p> <p>4:15 <b>Room Rounds -All Units</b></p> <p>5:30 <b>Evening News – Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>20</b></p> <p>10:30 <b>Nail Painting-4S &amp; 5N</b></p> <p>10:30 <b>CHRISTMAS Trivia-All</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Unit Rolling Snacks/ Cookies</b></p> <p>2:30 <b>CROSSWORD PUZZEL-RM.</b></p> <p>2:30 <b>Holiday Music on 3N &amp; 3S</b></p> <p>3:30 <b>Hydration Cart &amp; Rm Visits</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>8:15 <b>NFL- Monday Night Football</b></p>	<p><b>Winter Begins</b> <b>21</b></p> <p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units</p> <p>10:00 <b>Holiday Music 2N,3S,4N,5N</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>BINGO \$\$\$- 4N w/Artel</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Live with DJ Casper -5N</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>5:30 <b>Family Visitations -All Units</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>22</b></p> <p>10:00 <b>Lobby Holiday Music-1<sup>st</sup> fl.</b></p> <p>10:00 <b>Yoga Movements- All Rms.</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Family Visitation-All Units</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Spiritual Uplift Hour-Betty 2S</b></p> <p>2:30 <b>Popcorn &amp; Movie Hour-5S</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis</b></p> <p>5:00 <b>Evening News- Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>23</b></p> <p>10:00 <b>Yoga Movements- All Rms.</b></p> <p>10:30 <b>Family Visitations-All</b></p> <p>10:30 <b>Did You Know Trivia-All</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Ice Cream –2N, 3S, 4S, 5S</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:30 <b>Family Visitations -All Units</b></p> <p>8:20 <b>NFL-Thursday Night Football</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>24</b></p> <p>10:00 <b>Did you know Tivia - All Rms.</b></p> <p>10:30 <b>Christmas Music / All</b></p> <p>10:30 <b>Family Phone Calls-All Unit</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Holiday Music w Bill Crews and Refreshments -1 MDR</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p>	<p><b>CHRISTMAS DAY</b> <b>25</b></p> <p>9:10 <b>Holiday Music -All Units</b></p> <p>10:00 <b>Rm VISIT from SANTA w gifts- ALL UNITS</b></p> <p>10:30 <b>Soft Hot Cookies &amp; Cider</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>UNIT HOLIDAY MUSIC around the tree. All Units</b></p> <p>2:30 <b>EVENING HOLIDAY SNACKS</b></p> <p>3:00 <b>Family Visitation-2MPR</b></p> <p>6:30 <b>News Update-Rm TV</b></p>
<p><b>Kwanzaa Begins</b> <b>26</b></p> <p>9:00 Daily Chronicle &amp; Rm Visits</p> <p>10:00 <b>Sunday Church / Hillsong TV</b></p> <p>10:00 <b>Adult Art on 5South</b></p> <p>10:30 <b>1 to 1 Rm Visits –Yolanda -5S</b></p> <p>2:00 <b>Movie Matinee-3N w Mellissa</b></p> <p>2:30 <b>Quite Time Reading-All Units</b></p> <p>2:30 <b>TV TIME – On your own</b></p> <p>2:30 <b>Quite Time Reading-All Units</b></p> <p>2:30 <b>TV TIME – On your own</b></p> <p>8:20 <b>Washington @ Dallas-TV</b></p>	<p>9:10 Daily Chronicle &amp; Rm Visits <b>27</b></p> <p>10:00 Range of Motion-All Rms.</p> <p>10:30 <b>Nail Design-4S &amp; 5N Only</b></p> <p>10:30 <b>Rm. Sentimental Video-5N</b></p> <p>10:30 <b>Kwanzaa celebration -To Rms</b></p> <p>2:30 <b>Residents Birthday Celebration -December Birthdays</b></p> <p>2:30 <b>Movie Hour-Unit 4N</b></p> <p>3:30 <b>Hydration Cart &amp; Rm Visits</b></p> <p>5:00 <b>Evening News- Room -TV</b></p> <p>8:15 <b>NFL- Monday Night Football</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>28</b></p> <p>10:00 <b>Arts Projects- 3South, 4S</b></p> <p>10:30 <b>BINGO \$33N w/ Mellissa</b></p> <p>2:00 <b>Family Visitations -All Units</b></p> <p>2:30 <b>December Day of Remembrance – Home Going Service- All Residents, Staff &amp; Family are welcomed.</b></p> <p>5:30 <b>Family Visitations -All Units</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>29</b></p> <p>10:00 <b>Lobby Holiday Music-1<sup>st</sup> fl.</b></p> <p>10:00 <b>Yoga Movements- All Rms.</b></p> <p>10:30 <b>Adult Art- Rm Projects / All</b></p> <p>10:30 <b>Family Visitation-All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Popcorn &amp; Movie Hour -4N</b></p> <p>2:30 <b>Spiritual Uplift Hour-Betty 2S</b></p> <p>3:30 <b>Care Tracking – All</b></p> <p>5:00 <b>Evening News- Room TV</b></p>	<p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units <b>30</b></p> <p>9:30 <b>Holiday Music -All Floors</b></p> <p>10:00 <b>Family Room Calls - All Units</b></p> <p>10:30 <b>Christmas Crafts w Nicola3S</b></p> <p>10:30 <b>Word Find- Independent</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Cross Words Puzzle/ All Units</b></p> <p>5:00 <b>Evening News- Room TV</b></p> <p>8:20 <b>NFL-Thursday Night Football</b></p>	<p><b>NEW YEARS EVE</b> <b>31</b></p> <p>9:10 Daily Chronicle &amp; 1 to 1 Rm. Visits-All Units</p> <p>10:00 <b>Donuts &amp; Cider-Units</b></p> <p>10:30 <b>Taking down decorations-AI</b></p> <p>12:00 <b>Lunch in Room -All Units</b></p> <p>2:30 <b>Magazine Distribution-Rm Vis.</b></p> <p>2:30 <b>Count Down- NEWYEARS EVE CELEBRATION/ Traveling Celebration – All Units</b></p>	<p><b>Amilia Alcema – Regional Director of Operations</b> 202-399-7504 Ext. 1513</p> <p><b>Mariana Tangwa- Administrator- 202-399-7504 Ext. 1513 (Mrs. Jaye)</b></p> <p><b>Jacob Nanjo-DON-ext. 1595</b></p>